



HEALING AT THE SPEED OF SOUND™

ABOUT THE BOOK

Based on over a decade of new research, Don Campbell, bestselling author of *The Mozart Effect*®, and Alex Doman, an expert in the practical application of sound and listening; show how we can use music—and—silence to become more efficient, productive, relaxed and healthy.

Each chapter focuses on a single aspect of everyday life, providing advice, exercises, wide-ranging playlists, and links so readers can combine the music they love with new styles to create the perfect soundtrack for any goals or task. Also included are “Sound Profiles”; brief stories illustrating how real individuals relatively tap the power of sound to improve their own and others’ lives.

Inspiring, practical, and truly enjoyable, *Healing at the Speed of Sound* opens the door to a fuller, richer, and much more harmonious life.

The Mozart Effect and *The Mozart Effect for Children* have sold hundreds of thousands of copies. Don Campbell has written more than 20 books, which have been translated into many languages.

Alex Doman’s network of clients includes more than 5K trained education and healthcare providers.

As an added bonus, there will be an enhanced eBook edition of *Healing at the Speed of Sound* that will be released at the same time as the print edition. It will serve as an immersive experience for readers, with more than 70 active links that lead to audio and video supplements, free music downloads, and more!